

Youth Retreat/Camp

List of Things To Bring

Label all sleeping gear!! (many things are left at the end of camps/retreats and we want to minimize this so camp staff doesn't have more work)

*Sleeping Bag

*Pillow

*Extra Blanket(optional)

*Bible and NoteBook/Journal and Pen

*Personal hygiene items: deodorant, shampoo, toothpaste etc

*Towel for showers

*Warm Clothes/jacket/sweatshirt

*Dirty Clothes bag/trash bag- labeled with name!!!!

*Pants and good running shoes for Capture the Flag/outdoor games.

Summer Camps: All from the previous above list + the following:

****Ladies:** Modest Swimsuit with shorts or just shorts and colored t-shirt for water fun and games. You'll be playing relays and such with water, not sunbathing.

Avoid bikini tops unless that is all you have. Please wear with colored tank with good coverage but (preferably a tshirt, like the camp shirts). 😊

****Gents:** Swim trunks with good drawstring and tank or tshirt(no bare chests please)

*Sunscreen/Mosquito repellent(Summer Camp)

VCF Campers:

Modesty has far more to do with our hearts than how we dress.

Let's honor the Lord for making our bodies and respect our neighbors in how we represent Christ through our bodies.

Amen!